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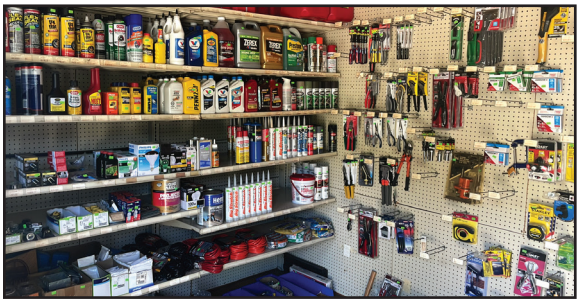
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TABLE OF CONTENTS

6 California Outdoors Q&A

11 What You Need to Know About Life-Saving COVID-19 Treatments

13 Build Friendship Skills for Back-to-School Success

15 4 Tips to Confidently Care for Gray Hair

18 4 Summertime Skin Care Tips

20 Elevate a Family-Favorite Side Dish to a Flavorful, Protein-Packed Meal

22 Hot Weather Garden Woes

22 Sudoku

25 Calendar of Events

30 Home Country

31 Crossword

NORTH COAST TRADER STAFF

PUBLISHER Melissa Sanderson • melissa@northcoastjournal.com

EDITOR Jennifer Fumiko Cahill • jennifer@northcoastjournal.com

CALENDAR EDITOR Kali Cozyris • calendar@northcoastjournal.com

PRODUCTION MANAGER Holly Harvey • holly@northcoastjournal.com

GRAPHIC DESIGN/PRODUCTION
Heidi Bazán Beltrán, Dave Brown, Rory Hubbard, Renée Thompson
ncjads@northcoastjournal.com

ADVERTISING MANAGER Kyle Windham • kyle@northcoastjournal.com

TRADER SALES DIRECTOR Bruce Proctor • bruce@thetrader707.com

SENIOR ADVERTISING REPRESENTATIVES
Bryan Walker • bryan@northcoastjournal.com Judeen Peck • judeen@thetrader707.com

ADVERTISING REPRESENTATIVE
Heather Luther • heather@northcoastjournal.com

CLASSIFIED ADVERTISING Mark Boyd • classified@northcoastjournal.com

INSIDE SALES REPRESENTATIVE Trevor Lee • trevor@northcoastjournal.com

BOOKKEEPER Deborah Henry • billing@northcoastjournal.com

OFFICE MANAGER/DISTRIBUTION Michelle Dickinson • michelle@northcoastjournal.com

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Are recreational crab traps allowed to be fished once Dungeness crab season ends?



CDFW Environmental Scientist Ed Roberts
E.W. Roberts IV

Crab Traps

Q: Are recreational crab traps allowed to be fished once Dungeness crab season ends?

A: The Dungeness crab recreational season will close statewide Saturday, July 30. Once the season ends, crab traps to take crabs other than Dungeness are allowed north of Pt. Arguello (Santa Barbara County) to the Oregon state line. As a reminder, the crab trap rules that went into effect November 1, 2021, would still apply and can be found on this flyer: https://nrm.dfg.ca.gov/FileHandler.ashx?DocumentID=195067&inline. We also have some useful FAQs regarding these new crab trap rules. Stay tuned in October for notices regarding the use of crab traps prior to the start of the 2022-23 Dungeness crab season currently scheduled for Saturday, November 5, 2022.

Nesting Birds

Q: How do I protect nesting birds while pruning or removing trees and vegetation in my yard?

A: To protect nesting birds, the California Department of Fish and Wildlife (CDFW) recommends working in your yard outside of nesting bird season which for many bird species in California is February through August. However, nesting season can vary based on location and species of bird, and in some parts of the state, birds nest year-round. If you must work when birds could be nesting, consider hiring a consulting biologist to conduct a nesting bird survey before doing any work. If nesting birds are present, a biologist can recommend an appropriate buffer area where you can refrain from doing yard-work. You could also delay your yard-work until nesting is complete.

CDFW genuinely appreciates you thinking of nesting birds while managing trees and plants in your yard. Many California birds do nest in backyard trees, bushes and even on the ground. Nesting birds are particularly sensitive to human disturbance and may abandon their nest, eggs and/or young due to human presence and noise. Additionally, pruning or removing vegetation can inadvertently crush, destroy or remove active bird nests. The California Fish and Game Code (FGC) contains several sections outlining protections for birds, their eggs and nests. FGC section 3503 covers unlawful take, possession or needless destruction of nests or eggs of any bird. FGC section 3503.5 covers unlawful take, possession or destruction of birds of prey or their nests or eggs. FGC Section 3513 covers unlawful take of any migratory nongame bird. In addition, the California Endangered Species Act, beginning at FGC section 2050, prohibits take of threatened or endangered birds. Nesting birds may also be protected under the federal Migratory Bird Treaty Act and the federal Endangered Species Act.

CONTINUED ON NPAGE 8 →

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California Outdoors Q&A

← CONTINUED FROM PAGE 6

Coyotes

Q: What can I do to scare aggressive coyotes away from my property? My neighbor told me it is illegal to do much of anything to haze them away.

A: A great place to start is CDFW's Keep Me Wild: Coyotes web page, which has lots of good information on how to prevent coyotes from being attracted to your property in the first place. CDFW also helped produce this short video about living with coyotes: https://www.youtube.com/watch?v=OdOewqXCS-I. CDFW's goal, and an important part of our mission, is to help people and wildlife coexist — and that includes native predators like coyotes. Coyotes occupy an extremely important niche in our ecosystem. They help keep rodents under control and regularly scavenge carrion (remains of dead animals), which helps keep neighborhoods clean. In California, people can legally haze coyotes away from themselves or their property if approached. We recommend standing tall and shouting aggressively at an approaching coyote or one that is too close for comfort. Using an airhorn, whistle or shaking a can with small stones or coins can also scare a coyote away. Remember to remain calm and slowly back away from the coyote, but do not run. California FGC section 4152 does allow landowners or tenants to lethally remove coyotes that pose a risk to public safety or cause property damage, but actions must comply with all local and state laws, including county or city prohibitions on the discharge of a firearm. Also see FGC section 4004 and California Code of Regulations, Title 14, section 465.5.If there is an immediate danger to public safety, or if a coyote has bitten or scratched a human, please take whatever measures are necessary to get to a safe location and call 911. ✦

If you have a question you would like to see answered in the California Outdoors Q and A column, email it to CalOutdoors@wildlife.ca.gov.

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Drive: 2WD
Trans: Automatic
Engine: 3.4L V6 DOHC 24V
Mileage: 202,288
Stock #: 4288

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2005 Honda Element EX 4WD 4-spd AT



Color: Silver
Interior: Cloth
Drive: AWD
Trans: Automatic
Engine: 2.4L L4 DOHC 16V
Mileage: 156,481
Stock #: 4317

$11,488

2013 Ford Escape SE 4W



Color: Gray
Interior: Cloth
Drive: 4WD
Trans: Automatic
Engine: 2.0L L4 DOHC 16V
Mileage: 125,792
Stock #: 4312

$11,988

2016 Hyundai Tucson SE



Color: Dark Green
Interior: Cloth
Drive: Select
Trans: Select
Engine: 2.0L L4 DOHC 16V
Mileage: 175,288
Stock #: 4316

$11,988

2006 GMC Sierra 1500 SL Ext. Cab 4WD



Color: Blue
Interior: Cloth
Drive: 4WD
Trans: Automatic
Engine: 5.3L V8 OHV 16V
Mileage: 157,099
Stock #: 4298

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2014 Honda Civic EX Coupe 5-Spd MT



Color: Bronze
Interior: Cloth
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Engine: 2.3L L4 SOHC 16V
Mileage: 130,290
Stock #: 4236-2

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Interior: Cloth
Drive: 4WD
Trans: Automatic
Engine: 5.4L V8 SOHC 16V FFV
Mileage: 178,455
Stock #: 4273

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2013 Honda Accord LX



Color: Silver
Interior: Cloth
Drive: FWD
Trans: AUTOMATIC
Engine: 2.4L L4 DOHC 16V
Mileage: 174,522
Stock #: 4300-E

$13,988

2013 Honda Civic LX Sedan 5-Speed AT



Color: Black
Interior: Cloth
Drive: FWD
Trans: Automatic
Engine: 1.8L L4 SOHC 16V
Mileage: 144,978
Stock #: 4310

$13,988

2013 Toyota Corolla LE 4-Speed AT



Color: White
Interior: Cloth
Drive: FWD
Trans: Automatic
Engine: 1.8L L4 DOHC 16V
Mileage: 133,967
Stock #: 4306-E

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2015 Kia Sorento LX 2WD



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Interior: Cloth
Drive: Select
Trans: Automatic
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What You Need to Know About Life-Saving COVID-19 Treatments

(STATEPOINT) While stopping the spread of COVID-19 is the goal, the reality is that every day, more people contract the disease. For this reason, it's important to be aware of available treatment options.

The Treating COVID-19 Campaign, which was developed independently by the American Lung Association, with grant support from Regeneron and GSK, is sharing some important insights into outpatient treatment options:

• **Know your risk.** It's important to know if you're at high risk for severe illness from COVID-19, as this can determine what treatments are available to you. There are many factors that may put you in the "high risk" category, including if you're 65 and older, you smoke cigarettes, you have a chronic lung disease, are immunocompromised, or are living with certain medical conditions, including chronic lung disease, heart disease, diabetes and chronic kidney disease. Individuals who are overweight or pregnant also fall in the high-risk category. You can see a full list at Lung.org/covid-19.

• **Test, and then treat, at onset of symptoms.** Experiencing symptoms that may be COVID-19? Get tested right away. If you test positive and are high risk, speak with your healthcare provider promptly about treatment options that may help prevent severe illness and reduce the risk of hospitalization. Currently available treatments include antivirals or monoclonal antibody treatments (mAbs). Your healthcare provider can help you determine the best course of treatment for you, which needs to

CONTINUED ON NEXT PAGE →

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Northcoast Children's Services

PROGRAM SUPPORT TECHNICIAN, Arcata

Responsible for completing computer data entry & tracking of agency related info. Generate & distribute info reports to meet program needs. Req. High School graduation or equivalent & 3 years of relevant exp. – including 2 yrs. of data entry/computer & Microsoft Office exp. Temp. F/T 40 hrs./wk. until 2023, then P/T 28 hrs./wk. M-Fri. $17.65-$19.46/hr. **First Review Date: 8/12/2022**

MAINTENANCE TECHNICIAN, Arcata

Performs a variety of site repairs, alterations, construction projects, and general maintenance for NCS sites. 2 years of construction exp. desirable. F/T: 40 hrs./wk. $17.65-$19.46/hr. **Open Until Filled.**

CENTER DIRECTOR, Eureka

Responsibilities include overall management of a Head Start program. Must meet Teacher Level on Child Development Permit Matrix, plus 3 units in Administration (BA/BS Degree in Child Development or a related field preferred). Req. a min. of 2 yrs. exp. working w/ preschool children in a group setting. F/T 40 hr./wk. $20.00-$22.05/hr. **Open Until Filled.**

TEACHERS, McKinleyville, Eureka

Responsible for development & implementation of classroom activities—providing support and supervision for a toddler program. Must meet Associate Teacher Level on Child Development Permit Matrix & have 1 yr. experience teaching in a toddler setting. F/T position: 40 hrs./wk. & P/T position: 25 hrs./wk. $17.50-$19.30/hr. **Open Until Filled.**

TEAM TEACHERS, Fortuna/Arcata/Crescent City

Responsible for the development & implementation of classroom activities for toddler age children. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), meet Associate Teacher level on Child Development Permit Matrix, and have one-yr. experience teaching in a toddler setting. F/T 37.5 hrs./wk. M-F. $17.75-$18.64/hr. **Open Until Filled.**

ASSOCIATE TEACHER, Orleans

Assists teacher in the implementation and supervision of activities for preschool children. Requires a minimum of 12 ECE units—including core classes—and at least one-year experience working with young children. F/T 32 hr./wk. $17.00-$17.85/hr. **Open Until Filled.**

ASSISTANT TEACHERS, McKinleyville, Eureka, Fortuna, Rio Dell

Assist center staff in the day-to-day operation of the classroom for a preschool program. 6-12 ECE units preferred or enrolled in ECE classes and have 6 months' experience working with children. P/T 17-25 hrs./wk. $15.00-$16.54/hr. **Open until Filled.**

BILINGUAL HOME VISITOR, Eureka

Northcoast Children's Services is hiring for a Bilingual Home Visitor. The Home Visitor provides weekly home visits and facilitates parent & child play groups. Requires AA/AS degree in Early Childhood Education, Psychology, Social Work or a related field OR 24 Head Start related units. Requires 2 yrs. experience in community service, working with children & families. Bilingual req. F/T 40 hrs./wk. $18.00-$18.90/hr. **Open Until Filled.**

Please note: Per grant requirements, All NCS staff are required to submit proof of a complete COVID -19 vaccination, except those who are granted an exemption. All staff who are eligible for an exemption must undergo weekly testing for SARS-CoV-2 infection. All staff must wear face coverings regardless of vaccination status. Please contact Administrative Services if you need information regarding vaccinations or exemptions.

Submit applications to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For addtl info & application please call 707- 822-7206
or visit our website at **www.ncsheadstart.org**





COVID-19

← CONTINUED FROM PREVIOUS PAGE

start as soon as possible to help prevent possible progression of severe illness.

● **Get informed.** The Food and Drug Administration has authorized certain antiviral medications and monoclonal antibodies. Antivirals and monoclonal antibodies can help your immune system fight off the coronavirus infection, with a goal of preventing you from becoming seriously ill. Antivirals target certain parts of the virus to stop it from replicating, while monoclonal antibodies help the immune system better recognize and stop the infection. In both cases, medications need to be prescribed by a healthcare provider and started as soon as possible after diagnosis to be effective.

● **Be your own advocate.** Many patients have discovered firsthand that persistence can be necessary when it comes to getting treatment for COVID-19. When Jill Hein's 83-year-old father tested positive, his primary care provider told him he wasn't very sick and to go home and call if he got any sicker.

"When this information was relayed back to me, I objected and asked that Dad follow up with his pulmonologist immediately. He didn't want to, insisting that his primary care provider said he was doing okay. It wasn't until I told Mom, 'This can kill him,' that I got through to them and she called his pulmonologist for a second opinion. Within four hours of having the infusion, Dad felt himself getting better. Over the next couple days, he continued to improve at home. Thankfully, he fully recovered," says Hein.

For more information about treatment options, as well as COVID-19 care tips, visit lung.org/treating-covid.

With people taking fewer precautions as COVID-19 restrictions are lifted, the virus is spreading at a high rate. The good news is that there are treatments available for the most vulnerable among us to help avoid severe illness and hospitalization. ✦



FamilyFeatures.com

Build Friendship Skills for Back-to-School Success

(FAMILY FEATURES) When thinking about back-to-school season, most people naturally think of academics. However, it's just as important to focus on social and emotional skills.

Children of all ages are still learning to manage their emotions and get along with others. As they learn these skills, behaviors that make academic learning more challenging for everyone else in the classroom may be seen.

"Social and emotional skills are crucial to a child's academic success, but they aren't inherent," said Carter Peters from KinderCare's inclusion services team. "Teachers tell us again and again that starting the school year with a grasp on social emotional learning is just as important as knowing academic concepts. Children who are struggling to manage their emotions and transition into the classroom may not be able to focus on academics."

Consider these three skills families can teach their children before school starts to help build friendships.

Turn Transitions into Games

Making a game out of stressful transitions can help both you and your child reframe your mindsets and reduce stress. Asking your child "Can you hop like a bunny while you get your school things together?" or playing a listening game like "Simon Says" can help your child develop executive function skills such as impulse control. You could also

CONTINUED ON NEXT PAGE →

Northcoast Children's Services

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Friendship

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give him or her choices. For example, tell your child "You can put your shoes on yourself or I can help you," which lets him or her feel a sense of autonomy and control when choosing the desired solution.

Take Turns

One thing younger children often struggle with is the concept of sharing. Adults can forget that to young children sharing implies giving something up, Peters said. If your child struggles to share, try introducing the concept of taking turns: "It's Mariah's turn for the slide. When she's done then you can go," for example. Help your child practice how to have conversations with playmates about taking turns.

Play a 'What if' Game

Help school-age children build a growth mindset by problem-solving responses to common friendship issues. Ask your child "What would you do if...?" and help him or her practice responses. Thinking of responses ahead of time gives your child a rehearsed playbook to choose from in the moment. The more he or she practices these responses, the less you will see unwanted behaviors such as yelling or hitting. By giving children the autonomy to choose their own responses, you demonstrate your trust in them, which can give children a powerful sense of their own abilities to act maturely.

"The need to practice impulse control and self-regulation skills will remain a challenge throughout childhood as executive function skills continue to develop into a person's mid-20s," Peters said. "It's not that children don't 'know better,' it's more their brains are still learning these vital social and emotional skills."

Building these social skills now can help your children start the school year ready to learn and grow. Find more tips to build children's social and emotional skills at kindercare.com.

✦



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4 Tips to Confidently Care for Gray Hair

(STATEPOINT) Sponsored by L'Oreal Paris. The pandemic led many women to confidently embrace their silver hair, not only as a practical move, but as a stylish statement. With elegant stars like Helen Mirren and Andie MacDowell proving that gray is glamorous, (and younger stars even dyeing their hair gray to get in on the trend) you may be feeling empowered to show off your naturally silver strands. Experts say that there are a few things to know that can help you make the transition gracefully.

"While I love this trend, it's true that the grow-out process can get a little dicey and create challenges," says Jonathan Colombini, celebrity hairstylist. "Like any other hair color, gray requires specific maintenance. It can be wiry, dull and brassy without intervention. But low-effort solutions can ensure you look great and help you confidently own that color."

To make a silver statement, consider Colombini's best kept secrets:

Fight Frizz

Gray hair can have a frizzier, more wiry texture than you may be accustomed to. Tame tresses by using a silk bonnet or silk pillowcase at night and by getting sufficient hair-healthy nutrients in your diet, including biotin, zinc and vitamin E. Be sure to also drink plenty of water. Staying hydrated promotes circulation and oil production of the scalp for healthier looking hair.

Add Shine

Counteract gray hair's natural tendency to get dull and brassy. Every seven to 10 days, use a toning gloss to enhance your hair's natural, gorgeous hue. While toning gloss is a service typically performed in a hair salon, you don't need any special skills to achieve these results at home with Le Color Gloss by L'Oreal Paris. The line offers three shades of silver for all hair types and textures, helping you tone, color, boost

CONTINUED ON PAGE 17 →

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Care for Gray Hair

← CONTINUED FROM PAGE 15

shine and deeply condition, no matter what shade of gray you're rocking. Whether you're silver, silver white or silver opal, here's how to use the product effectively:

1. Evenly distribute Le Color Gloss through clean, damp hair all the way through the ends (use a wide-tooth comb for thicker curly hair textures).

2. Leave it on for 5-15 minutes. (Review instructions for specific development time for your shade and desired result.)

3. Rinse your hair thoroughly with water. If you're looking for even more color or want to build a deeper result, especially on non-color-treated hair, use again after seven days.

"I like this option because it's easy for anyone to use. It's also infused with coconut oil, so not only will it not damage hair, but it's also super conditioning," says Colombini. "I recommend using it in the shower on your shampoo day."

Prime for Blow-Drying

Now that warm weather is here, you're likely going out more and styling your hair more. Remember though that gray hair can require a bit of extra TLC, making it especially important to protect your hair from all this extra heat. After towel drying your hair, apply EverPure Weightless Blow Dry Primer. Providing up to 450 degrees F heat protection and up to 48-hour frizz control, this nourishing heat protectant will keep hair looking nourished, smooth and beautifully shiny, without weighing it down.

Be Confident

So much of rocking a look is the energy you bring to it. Radiate confidence in your decision and remember everything that your natural hue symbolizes: empowerment, wisdom, grace and experience.

"Gray hair isn't 'giving up.' Quite the contrary. It's a gorgeous color in itself," says Colombini. "It just requires maintenance." ✦

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FamilyFeatures.com

4 Summertime Skin Care Tips

(FAMILY FEATURES) Summer brings sunshine and plenty of exciting opportunities to head outdoors for fun with family and friends. While those joyous moments make the season special, all that sun exposure can wreak havoc on the skin without the proper precautions.

Whether you're dining outdoors, going for a swim, sweating out a bike ride or just spending a few moments soaking up some sun, it's important to ensure you're taking care of your body so you can enjoy those rays all season long.

Stay Hydrated

As an important aspect of overall health, staying hydrated also helps maintain your skin's water content. Be sure to drink plenty of water throughout the day, especially as temperatures rise and you spend more time outdoors. Another delicious way to avoid dehydration – leading to energy drain, in mild cases – is to eat fruits and vegetables with high water content. One example is watermelon, which is 92% water and can help restore fluids.

Prioritize Skin Protection

Whether you'll be in the sun for a few minutes or a few hours, it's paramount to protect skin by applying sunscreen. On days when the UV index is 3 or higher, the Centers for Disease Control and Prevention recommends applying a broad spectrum sunscreen SPF 15 or higher. Another option is to wear light, loose clothing that covers as much of the skin as possible while staying comfortable in the heat.

Refresh Your Face

As one of the parts of the body that sees the most sun exposure, your face is perhaps the most important area to care for during the sunnier months. An at-home, all-natural DIY facial offers a brightening, hydrating way to treat yourself.

For a true glow-up from the comfort of your own home, try this quick and easy solution: Mix 2 tablespoons of Greek yogurt (to help exfoliate and purify) with 1 tablespoon of watermelon juice (for hydration). Apply the mask to your face and neck for 10 minutes then rinse off and pat your skin dry.

Keep Your Whole Body in Mind

While your face is likely to see a lot of

sun, that shouldn't mean neglecting the rest of your body. This gentle body scrub can give you that glow you're looking for with a sweet, fruity scent.

Here's how to exfoliate and polish your skin: Combine 1 1/2 cups of white sugar, 1 teaspoon of lemon juice and 1/4 cup of watermelon juice. If you'd like, add 1 teaspoon of microplaned watermelon rind zest and 1 tablespoon of olive oil.

Store the scrub in an airtight container up to 1 week and, when you shower, gently rub a handful of scrub on your skin then rinse thoroughly and pat dry.

For more skin care solutions and other health and nutrition information, visit watermelon.org.

Subtle Care for Sensitive Skin

For many, summer skin care can be as simple as following a basic routine. However, those with more sensitive skin may require additional attention. Try this calming, cleansing at-home remedy to moisturize and tone sensitive skin.

Watermelon Mask and Toner

Watermelon Banana Mask:

1 tablespoon watermelon juice
2 tablespoons ripe mashed banana

Watermelon Toner:

⅓ cup watermelon juice
1 tablespoon witch hazel
1 teaspoon distilled water

To make watermelon banana mask: In bowl, mix watermelon juice (for hydration) and mashed banana (to ease inflammation). Apply mask to face and let sit 10-15 minutes before rinsing with warm water. Pat dry.

To make watermelon toner: In small bowl, combine watermelon juice with witch hazel and water. Apply toner to clean face and let sit 2-3 minutes before rinsing with warm water. Pat dry.

Store in refrigerator in airtight container up to 5 days. ✦







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German Shepherd Dog Mix.
Puppy Female Medium.

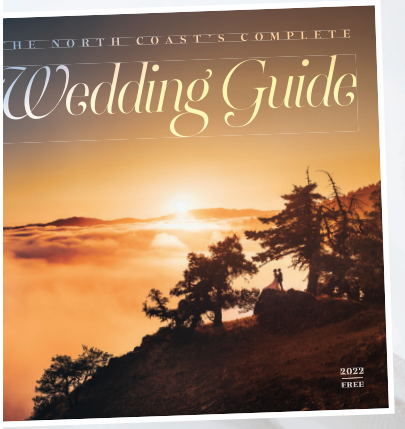


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Elevate a Family-Favorite Side Dish to a Flavorful, Protein-Packed Meal

(FAMILY FEATURES) Taking the stress out of family meals at home can be as simple as turning your attention toward recipes that pack plenty of flavor without complicated prep. In fact, you can even turn an easy, everyday side dish into a full-blown dinner by simply adding your favorite protein.

This Greek Chicken Fried Rice, for example, transforms a traditional side dish into a filling meal for four in less than 30 minutes. Plus, it requires just one wok or skillet, leaving hardly any cleanup on those busy weeknights when homework, after-school activities and social calendars fill your schedule.

Find more weeknight meal solutions at MilkMeansMore.org.

Greek Chicken Fried Rice

Recipe courtesy of Lori Yates of "Foxes Love Lemons" on behalf of Milk Means More

Prep time: 15 minutes
Cook time: 13 minutes
Servings: 4

2 tablespoons vegetable oil
1 large chicken breast, finely

chopped
½ cup chopped onion
3 cups prepared white rice
2 eggs
1 cup chickpeas, drained and rinsed
½ cup roughly chopped fresh parsley leaves
½ cup crumbled cow's milk feta cheese
½ cup grape tomatoes, quartered
⅓ cup Kalamata olives, halved
2 tablespoons fresh lemon juice
¼ teaspoon kosher salt
¼ teaspoon ground black pepper

In wok or large skillet, heat oil over medium-high heat. Add chicken; cook until almost cooked through, stirring frequently, about 5 minutes.

Add onion; cook 1 minute, stirring frequently.

Add rice; cook 3 minutes, stirring constantly. Push rice to sides of wok, creating well in center of wok. Crack eggs into well and scramble vigorously with wooden spoon; cook 2 minutes, keeping eggs in well, or until eggs are fully cooked.

Add chickpeas, parsley, cheese, tomatoes, olives, lemon juice, salt and pepper; cook 2 minutes, or until warmed through, stirring frequently. ✦

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6						1	8	
	8						4	
	7	9						6
		7			8	3		
2	9			1	5		6	
			7				2	

www.sudoku.com



Misshapen fruit and some other issues can be the result of temperatures dropping below 55˚F.
Photo courtesy of MelindaMyers.com

Hot Weather Garden Woes

by Melinda Myers

POOR FLOWERING and misshapen or a lack of fruit on tomatoes, peppers and squash may be due to the weather, not your gardening skills. Temperature extremes can interfere with flowering and fruit set on these and other vegetables in your garden.

We watch for and can't wait to taste that first red ripe tomato. It is certainly frustrating when we see flowers drop or the plant fails to form fruit. Tomatoes thrive in warm sunny conditions; but temperature extremes can prevent fruiting, cause misshapen fruit, or reduce the size of the harvest.

When daytime temperatures rise above 90˚F and night temperatures remain above 70˚ F blossom drop and poor fruit development may occur. Combine this with low humidity and the pollen is not viable. In hot and humid conditions, the pollen is too sticky and doesn't move from the male to the female part of the flower. Without pollination the flowers won't be fertilized, and fruit will not develop.

Cool weather can result in poor fruiting. Night temperatures below the optimum of 59˚ to 68˚F will reduce the amount and viability of pollen that the plant produces. Less viable pollen means fewer fruit will form. Cooler temperatures below 55˚F can result in misshapen fruit and catfacing. Fortunately, the malformed fruit is still tasty and safe to eat.

Temperature extremes also impact pepper productivity. When temperatures climb to 95˚F or higher the pollen is sterile and flowers may drop. Small fruit may also fall from the plant during such hot spells. Pepper plants also experience poor fruit set when night temperatures drop below 60˚F or rise above 75˚ F.

Tomatoes and peppers aren't the only vegetables impacted by temperature extremes. Eggplants, a close relative to tomatoes and peppers, do not set fruit until night temperatures are above 55˚F. Beans stop flowering or the flowers die when temperatures rise above 85˚ F.

Flowering in squash and cucumber plants is also influenced by temperature and other environmental factors. These plants produce separate male and female flowers. The male flowers usu-

ally appear first and it is not until both the male and female flowers are present that pollination, fertilization and fruit production can occur.

Research found cool temperatures, bright sunlight, and shorter days encourage female flower production while male flowers are more prolific during warmer temperatures, less sunlight and close spacing. Flowering on squash and cucumbers is also impacted by nitrogen fertilization. Too much can prevent female flower formation while insufficient amounts can reduce the number of male flowers.

The simplest solution is to wait for optimum temperatures and the proper humidity levels to return. Once this happens, the plants will begin producing fruit.

If poor productivity related to the weather is a yearly problem, consider planting more heat tolerant varieties, adjust planting times and look for more suitable growing locations.

When the harvest is delayed, extend the season with the help of row covers. These fabrics allow sunlight, air, and water through while trapping heat around the plants. Just loosely cover plants and anchor the edges with stones, boards, or landscape stapes when frost is in the forecast. You can leave the fabric in place for the remainder of the year. Just lift it to harvest and secure the fabric when done.

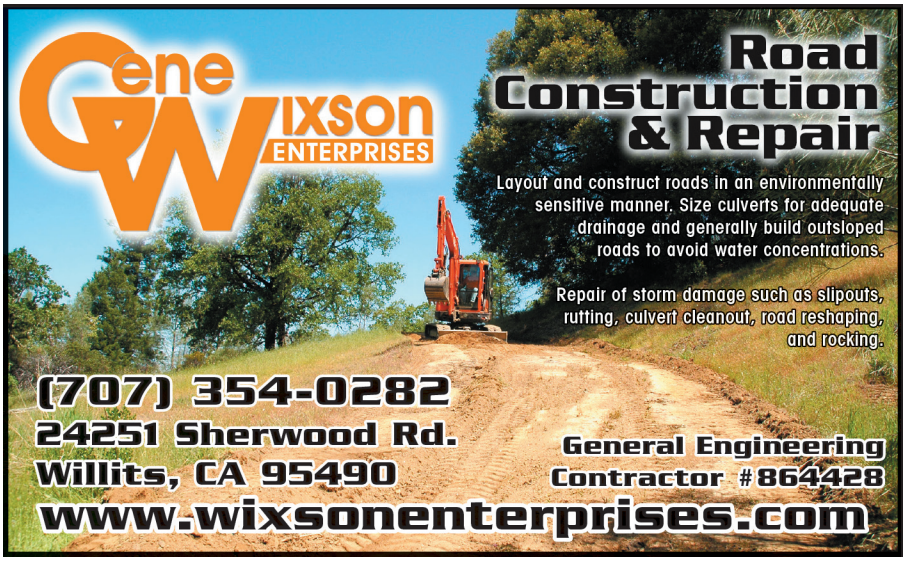
If this summer's weather leaves you disappointed with the harvest, remember there is always next year.

✦

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD instant video series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.







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$5	Children (6-12)
FREE	Kids Under 6
$40	Carnival Ride Pass
$5	Parking (per vehicle)

AUG. 18 & 25 Free admission for **12** and under

AUG. 24 Free admission for veterans, active service members & emergency service professionals

AUG. 1[illegible] Free admissio[illegible] for seniors **62+**

Racing and all fair shows included with admission!

OFFICIAL PROGRAM

18 THURSDAY

KIDS DAY / OPENING DAY

Free admission for children **12** and under.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	MAD CHAD 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

SOUL SEEKERS 5:00 PM	STARHOPPERS 7:00 PM



19 FRIDAY

SENIOR DAY

Free admission for seniors **62** and over.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	MAD CHAD 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

CLIC 5:00 PM	THE CRITICS 7:00 PM

LIVE HORSE RACING: 3:15 PM

2 PM **Kelly Chadbourne Cattle Sorting Competition** RIDING ARENA



20 SATURDAY

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	MAD CHAD 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

SEQUOIA ROSE 5:00 PM	CLIC 7:00 PM

OPEN LIVESTOCK

9 AM **Dairy Goat Show** SHEEP BARN SHOW ARENA

12 PM **Poultry Judging** POULTRY/RABBIT BARN

2 PM **Dairy Cattle Show** DAIRY JUDGING PAVILION

4 PM **Boer Goat Show** SHEEP BARN SHOW ARENA

LIVE HORSE RACING: 2:15 PM

21 SUNDAY

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	MAD CHAD 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

FLYNN MARTIN 5:00 PM	RLA 7:00 PM

OPEN LIVESTOCK

9 AM **Sheep Show (all breeds)** SHEEP BARN SHOW ARENA

10 AM **Rabbit Carrying Cage Show** POULTRY/RABBIT BARN

12 PM **Beef Cattle Show** DAIRY JUDGING PAVILION

LIVE HORSE RACING: 2:15 PM

BELOTTI HALL

12-6 PM **Humboldt Handweavers & Spinners Sheep to Shawl Demonstration**
See how fleece is spun and woven, and try some spinning too. See local creations, ask questions and enjoy the arts of spinning and weaving.

22 MONDAY

Fair closed.

23 TUESDAY

SENSORY DAY

Sensory-Friendly Fair from **12-2 PM**. Flashing lights & music turned off & rides offered at slower speed. Celebrate the diverse cultures that make Humboldt County the place we call home.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	MAD CHAD 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

HUM SOUL 5:00 PM	THE REMEDY 7:00 PM



NO ANIMALS TO VIEW ON THE SITE YOUTH CHECK-IN DAY

24 WEDNESDAY

HONOR THE BADGE

All card holding veterans, active service members and emergency service professionals get free admission.

HONORING HEROES LUNCH

Join us for a lunch to Honor those that protect and serve our community and country. The Guy Fieri Foundation is treating our Heroes to a BBQ lunch to thank them for their service.

HUMBOLDT COUNTY FAIR HOMESTYLE CHILI COOK OFF

Hosted by Guy Fieri

A benefit for Northcoast Big Brothers and Big Sisters. Games, prizes and vendors. Music by Object Heavy.

12-5 PM IN THE GRANDSTAND



ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	CARTOON POODLES 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

ANDY B 5:00 PM	OBJECT HEAVY 7:00 PM

YOUTH LIVESTOCK

9 AM **Rabbit Showmanship** POULTRY/RABBIT BARN

10 AM **Boer Goat Show** DAIRY JUDGING PAVILION

12 PM **Rabbit Show** POULTRY/RABBIT BARN

1 PM **Pygmy Goat Show** DAIRY JUDGING PAVILION

3 PM **Swine Show** COVERED ARENA

25 THURSDAY

KIDS DAY

Free admission for children **12** and under.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	CARTOON POODLES 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

COMPOST MOUNTAIN BOYS 5:00 PM	CHAD BUSHNELL/ GARTH BROOKS TRIBUTE 7:00 PM

YOUTH LIVESTOCK

10 AM **Beef Show** COVERED ARENA

3 PM **Sheep Show** COVERED ARENA

MEMORIAL GARDEN & WALL

Starting on the 18th: Visit our Memorial Wall in Memorial Garden to write appreciation notes & memories of those no longer with us who served.





26 FRIDAY

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	CARTOON POODLES 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

RYAN RICE 5:00 PM	CHAD BUSHNELL 7 PM

LIVE HORSE RACING: 2:15 PM

YOUTH LIVESTOCK

9 AM **Poultry Show** SMALL ANIMAL BARN

9 AM **Dairy Showmanship** DAIRY JUDGING PAVILION

10:30 AM **Dairy Show** DAIRY JUDGING PAVILION

5 PM **Youth Tractor Driving Contest**

5 PM **Dairy Goat Show** JUDGING PAVILION

7 PM **Lead Contest** COVERED ARENA

THE CHOO-CHOO TRAIN

Enjoy rides every day at the Fair!



27 SATURDAY

LADIES HAT DAY

Come dressed to impress & compete in one of the Hatagories for local prizes, sponsored by Cher-Ae Heights Casino & Ferndale Jockey Club. Free Forget-Me-Not photobooth. Champagne available.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	CARTOON POODLES 1:00 PM, 2:30 PM, 4:00 PM

MAIN STAGE

JESSIE LEIGH 5:00 PM & 7:00 PM

LIVE HORSE RACING: 2:15 PM

YOUTH LIVESTOCK

11 AM **Dairy Heifer Auction** DAIRY JUDGING PAVILION

2 PM **Jim Gupton Veggie Auction** DAIRY JUDGING PAVILION

4 PM **Small Animal Round Robin** COVERED ARENA

6 PM **Large Animal Round Robin** COVERED ARENA

28 SUNDAY

JR. LIVESTOCK AUCTION

Jr. Livestock Auction & BBQ. Steers, lambs, goats, pigs and rabbits will be auctioned off and available for purchase.

ENTERTAINMENT

MIDWAY LAWN	MAIN STAGE
REPTILE ADVENTURE 1:45 PM, 3:15 PM, 4:45 PM	CARTOON POODLES 1:00 PM, 2:30 PM, 4:00 PM

LIVE HORSE RACING: 2:15 PM

YOUTH LIVESTOCK

11 AM **Junior Livestock Auction BBQ**

1 PM **Junior Livestock Auction** COVERED ARENA

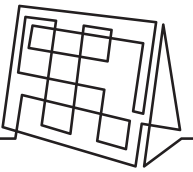


ALL TIMES AND VENUES SUBJECT TO CHANGE WITHOUT NOTICE.

ONLINE TICKETS & COMPETITIVE EXHIBITS humboldtcountyfair.org

Calendar

Aug. 9 - Aug. 23, 2022



Virtual World

ARTS & CULTURE

Equity Arcata's Community Book Club. Third Monday of every month, 4-6 p.m. Virtual World, Internet, Online. Alia Dunphy and Meridith Oram discuss Adrienne Marie Brown's book *Emergent Strategy: Shaping Change, Changing Worlds*. On Zoom. Register online. www.equityarcata.com.

On the Same Page Book Club. Wednesdays, 5:30 p.m. Virtual World, Internet, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at www.forms.gle/bAsjdQ7hKGqEgJKj7.

LIFESTYLE & COMMUNITY

English Express: An English Language Class for Adults. Tuesdays. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressempowered.com. (707) 443- 5021.

Sistahood. Saturdays, 9:30-11 a.m. Virtual World, Internet, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m., meditation with the Sista Prayer Warriors from 10:45 a.m.

Ujima Parent Peer Support. Thursdays, 6:30-7:30 p.m. Virtual World, Internet, Online. For BIPOC families. See the HC Black Music and Arts Association Facebook page for more information. hcblackmusicnarts@gmail.com.

Volunteer Orientation Food for People. Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. www.foodforpeople.org/volunteering. (707) 445-3166 ext. 310.

Curry County

ARTS & CULTURE

Art at the Port, Summer Boardwalk Exhibition. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Showcasing coast artists of all ages. More infor at artattheport.com.

Brookings Summer Concerts. Sun., Aug. 14, 1 p.m. and Sun., Aug. 21, 1 p.m. Azalea State Park, Brookings, Brookings. Pop, country, rock, big band, bluegrass, folk, Celtic, swing, jazz or zydeco. Bring your lawn chairs and blankets, spread out on the lawn with a picnic lunch or grab a meal at the snack shack. Free.

LIFESTYLE & COMMUNITY

Brookings Bodacious Bazaar. Second Saturday of every month, 10 a.m.-5 p.m. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Vendors, beer garden, live music.

Brookings-Harbor Farmers Market. Wednesdays, 10 a.m.-3 p.m. and Saturdays, 10 a.m.-3 p.m. Brookings-Harbor Farmers Market, 15786 U.S. Highway 101, South Brookings. Produce, artisan foods, baked goods, grass-fed beef, crafts and more. Look for the big white tents. Open year-round, rain or shine.

Knights of Columbus Breakfast. Second Sunday of every month, 8-10:30 a.m. Star of the Sea Catholic Church, 820 Old County Road, Brookings. Every second Sunday of the month. $8.

Pirates of the Pacific Festival. Aug. 12-14. Port of Brookings Harbor Boardwalk, 16330 Lower Harbor Road. Pirate-themed festival with vendors, live music, cannon shows, belly dancing and more swashbuckling fun. www.piratesofthepacificfestival.net/.

Del Norte County

ARTS & CULTURE

Art From the Inside. Thursdays. Del Norte Superior Court, 450 H St. #209, Crescent City. Seventh annual exhibition of work by artists inside Pelican Bay State Prison, as part of the Arts in Corrections Program. Free.

LIFESTYLE & COMMUNITY

Downtown Crescent City Farmers and Artisans Market. Wednesdays, 9 a.m.-2 p.m. Downtown Crescent City, 890 Third St. Shop for farm fresh food and meat along with unique handmade art, crafts, jewelry and other items. Enjoy lunch with food and food truck vendors and support the local community of makers and farmers.

Ocean Air Farms Farm Stand. Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420 Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

Trinity County

ARTS & CULTURE

Trinity Alps Chamber Music Festival. Fri., Aug. 19, 7 p.m. Trinity Alps Performing Arts Center, 101 Arbuckle Ct., Weaverville. Featuring music of Johannes Brahms, Max Bruch and more. www.tapaconline.org/.

LIFESTYLE & COMMUNITY

Weaverville Farmers Market. Wednesdays, 4-7 p.m. The Highland Art Center, 691 Main Street, Weaverville. Every Wednesday at the Highland Art Center meadow. www.highlandartcenter.org.

Humboldt County

ARTS & CULTURE

Always on Sunday. Sundays, 12-5 p.m. Fieldbrook Winery, 4241 Fieldbrook Road. Live music starts at 1:30. Wine tasting, beer, hearty appetizer boards to nosh. All natural wood-fired pizzas require a reservation ($5 refundable) at fieldbrookwinery.com. Aug. 7: The Fusilli Bros. Bob Stockwell, mandolin. Jay Shock, guitar. $5 entry, refundable toward any food item. www.fieldbrookwinery.com.

Art Night at the Sanctuary. Third Thursday of every month, 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Create with others freely or work on a guided project. Bring your own supplies or use what's around to collage, paint, draw, make an art book, etc. $5-$20 suggested, no one turned away for lack of funds. www.sanctuaryarcata.org.

Arts! Arcata. Second Friday of every month, 4-8 p.m. City of Arcata, Arcata. Celebrate the visual and performing arts in Downtown Arcata during Arts! Arcata. Enjoy art, shopping, live music, events and more.

Bayside Ballads and Blues. Wednesdays, 6-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Wednesday.

Chromebook Essentials. Mondays, Wednesdays, 10:30-11:45 a.m. Tri-County Independent Living, 139 Fifth St., Eureka. This five-week course covers the essentials. Chromebooks provided for use in class. Pre-

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SoHum Eateries

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WOOD FIRED PIZZA • PANINIS • BLTS
BURGERS • PULLED PORK • SALADS
SMOOTHIES • JUICES • WHEAT GRASS
BREAKFAST • LUNCH AND DINNER
GET LOST MONDAY-FRIDAY 9AM-9PM

DAILY SPECIALS

/THELOSTFRENCHMAN
3344 Redwood Dr, Redway
(707) 923-2030

Calendar

← CONTINUED FROM PREVIOUS PAGE

registration is required, open to any 50+ fully vaccinated individuals. mgallagher@a1aa.org. (707) 442-3763 ext. 209.

Dances of Brazil. Thursdays, 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. $15. talavera.rocio@gmail.com.

Durand Jones & The Indications w/Kiefer. Sun., Aug. 21, 8 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Funk and soul. $40-$90.

Eureka Summer Concert Series. Thursdays, 6-8 p.m. Madaket Plaza, Foot of C Street, Eureka. Open-air music each week on Eureka's waterfront. Bring your chairs and please leave pets at home. No smoking or alcohol. Presented by Eureka Main Street. Aug. 4: Blonde Ambition (Madonna tribute), Aug. 11 Tom Rigney (Cajun-Zydeco) Free. eurekamainstreet.org/summer-concert-series-4. (707) 441-4187.

iPad Essentials Course. Tuesdays, Thursdays, 12-1:15 p.m. Area 1 Agency on Aging, 434 Seventh St., Eureka. A five-week course on the basics of navigating the internet and email. Pre-registration is required. Open to any 60 and up, fully-vaccinated individuals. mgallagher@a1aa.org. (707) 442-3763 ext. 209.

Karaoke (Thirsty Bear Lounge). Thursdays, 9 p.m.-1 a.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. Come get your sing on. Free. bearrivercasino.com.

Kenny Bowling. Fridays, 9-midnight. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Country music. Every Friday. Contact venue for current COVID protocols.

Mask Masters. 10 a.m.-3 p.m. Arcata Playhouse, 1251 Ninth St. Teenagers explore mask performance with lessons in Commedia Dell'Arte and Larval masks. $125. haley@arcataplayhouse.org. arcataplayhouse.org/2019/09/09/youth-workshops/. (707) 822-1575.

Mateel Forever: Reggae Legacy with Wailing Souls, Marlon Asher & Mystic Roots. Sat., Aug. 13, 5 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Reggae Legacy honors the impact of the Reggae on the River festival has made both in Southern Humboldt County and on the global reggae scene for four decades. Food, vendors and a full bar serving those 21 and over. Doors at 5 p.m. All ages. $35, $30 advance, free for kids 12 and under. www.mateel.org.

Mosaic Jewelry Workshop. Wed., Aug. 17, 5-6 & 6-7 p.m. Six Rivers Brewery, Tasting Room & Restaurant, 1300 Central Ave., McKinleyville.

SoHum Eateries

CAFE Feast
SOUTHERN HUMBOLDT

OPEN MONDAY - THURSDAY 10AM - 2PM
Fresh Salads, Sandwiches, Tacos & More
Specialty Ice Teas, Cold Brew Coffee & Icee Slush Cups
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cafefeasthumboldt
large covered patio
1211 Evergreen Rd., Redway, CA



Tickets come with everything you need to create a mosaic pendant and earring set as well as a drink voucher. Reserve your spot at naturesmosaic@gmail.com. $40. naturesmosaic@gmail.com. www.sixriversbrewery.com.

Music in the Garden. Third Sunday of every month, 1-3 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods campus, north entrance, Eureka. Enjoy live music in the garden. hbgf.org.

Music in the Park. Thu., Aug. 11, 6-8 p.m. and Thu., Aug. 18, 6-8 p.m. Pierson Park, 1608 Pickett Road, McKinleyville. Summer concert series in the park. Live music, food trucks. Free.

North Coast Lens. Mondays-Fridays. Redwood Art Association Gallery, 603 F St., Eureka. A judged exhibition showcasing photography and digital art. David Arnold judges.

Online Health Resources. Mon., Aug. 15, 10:30-11:45 a.m. Mckinleyville Senior Center, 1620 Pickett Rd. Introducing you to the topics and tools offered on two reputable websites, MedlinePlus and Mayo Clinic, and how to evaluate health-related information online. mgallagher@a1aa.org. (707) 442-3763 ext. 209.

Opera Alley Cats. Tuesdays, Fridays, 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Professional-level jazz twice a week with cool vibes and great people. Free. thespeakeasybar@yahoo.com. facebook.com/speakeasy-eureka. (707) 444-2244.

Scott Pemberton Trio. Thu., Aug. 11, 9 p.m. Humboldt Brews HumBrews, 856 10th St, Arcata. Progressive roots music. $15. humbrews@gmail.com. holdmyticket.com/event/397335. (707) 826-2739.

Stories of the Valley. Sat., Aug. 13, 2-4 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. A panel of long-time Elk River residents recount events and memories from their decades in the valley. Masks and proof of vaccination required. Free. friendsofelkriver95503@gmail.com. www.facebook.com/humboldt.grange.

Summer Concert Series. Sundays, 2-4 p.m. Arcata Plaza, Ninth and G streets. Enjoy live local bands and more. Free. arcatamainstreet@gmail.com. www.arcatamainstreet.com. (707) 822-4500.

The Children. Fri., Aug. 12, 8 p.m., Sat., Aug. 13, 8 p.m., Sun., Aug. 14, 2 p.m., Thu., Aug. 18, 8 p.m., Fri., Aug. 19, 8 p.m. and Sat., Aug. 20, 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A contemporary comic drama set on the seismically active, tsunami-eroded rural coast of Angelsea, England in the environs of a compromised nuclear power plant. $20. nvoss@redwoodcurtain.com. redwoodcurtain.com. (269) 355-0819.

The Unstrung Harp. Fri., Aug. 12, 8 p.m., Sat., Aug. 13, 8 p.m. and Sun., Aug. 14, 2 p.m. Synapsis, 1675 Union St., Eureka. A live physical comedy performance inspired by Edward Gorey's illustrated story of the same name. Created by Dell'Arte alums Kathryn Cesarz and Jesse March. $20. kathryncesarz@gmail.com. theunstrungharp.com.

VaVaVoom presents Summer Sizzle. Sat., Aug. 20, 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. A scintillating summertime burlesque show. $25, $20 advance. vavavoomburlesquevixens@gmail.com. facebook.com/events/1220331358766985.

Audubon Guided Birding Tour w/Larry Karsteadt. Sat., Aug. 13, 8:30-11 a.m. Arcata

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SoHum Eateries





Calendar

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Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Karsteadt at the end of South I Street (Klopp Lake) for views of Humboldt Bay, easy-to-walk trails and a great diversity of birdlife. Free. rras.org.

Audubon Guided Birding Tour w/Rob Fowler. Sat., Aug. 20, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Fowler at the end of South I Street (Klopp Lake) for views of Humboldt Bay, easy-to-walk trails and a great diversity of birdlife. Free. rras.org.

Bear River Ridge Birding Trip. Sat., Aug. 13, 7:30 a.m.-3 p.m. Angelina WoodFired Kitchen, 281 Fernbridge Drive, Fortuna. Explore the high ridge between the Eel and Bear river valleys and expect to see a mix of forest and grassland species, including Sooty Grouse, Horned Lark, Purple Martin and Chipping Sparrow. Prepare for high afternoon temperatures and come with food and water since there are no facilities. Walking will be minimal. Meet in Fernbridge at the Angelina Woodfired Kitchen. Free. shrikethree@gmail.com. www.rras.org. 707-499-1146.

Bee Day Party. Sat., Aug. 20, 10 a.m.-1 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Celebrate Friends of the Dunes 40th Anniversary with a bee dance party, face painting and birthday snacks. Learn about pollination from local naturalists through stories, demonstrations and crafts. All ages welcome. RSVP recommended. Free. info@friendsofthedunes.org. friendsofthedunes.org. 707-444-1397.

BridgeFest and Flying Saucer Contest. Sat., Aug. 20, 11 a.m.-5 p.m. Bridgeville Community Center, 38717 Kneeland Road. An annual intergalactic event that pits ordinary humans against aliens in a flying saucer throwing contest. Wear your alien outfit to throw your flying saucer off the old bridge. Live music, food, raffle, Wild Kidz zone, contests and a craft fair. Free. 707-601-7983.

Come and Explore. Fridays, Saturdays, 11 a.m.-5 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Exhibits and activities for kids of all ages including more than 500 fossils, minerals, a gray whale skull, dinosaur replicas, preserved animals and more. $15 family, $6 adults, $3 seniors/students. natmus@humboldt.edu. natmus.humboldt.edu. (707) 826-4479.

Drag Races. Samoa Drag Strip, Lincoln Avenue and New Navy Base Road. Details online. $10, free for 12 and under. samoadragstrip.com.

Drop-In Volunteer Day. Thu., Aug. 18, 1-4 p.m. Bayside Park Farm, 930 Old Arcata Road, Arcata. Get a taste of a farmer's work growing vegetables, herbs and flowers. Come prepared for sunshine, cold, wet and working in the dirt. Bring a water bottle, snacks, closed toe shoes, long pants, sleeves and a sun hat. Free. baysideparkfarm@cityofarcata.org. cityofarcata.org/440/Bayside-Park-Farm. (707) 822-8184.

Dune Restoration Work Days. Second Saturday of every month, 10 a.m.-1 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help restore the dune ecosystem of the Humboldt Coastal Nature Center by removing invasive plants. Training in plant identification and removal provided. COVID-19 safety practices in place. Wear masks while gathered and practice social distancing. Free. dante@friendsofthedunes.org. www.friendsofthedunes.org/dert-days. (707) 444-1397.

Eureka Friday Night Market. Fridays, 5:30-8:30 p.m. Historic Old Town Eureka, Second Street. Farmers market, arts and craft vendors, a bar featuring Humboldt-produced beverages, food vendors and live local music for dancing. humboldtmade.com/eureka-friday-night-market.

Eureka Speeder/Train Rides. Sat., Aug. 13, 10 a.m.-4 p.m. Halvorsen Park, Waterfront Drive, Eureka. Ride Humboldt's historic rails along the bay, across the Eureka Slough on Timber Heritage Association's crew car rail speeder. www.timberheritage.org/ride-the-rails-on-a-historic-speeder-crew/. (707) 443-2957.

Eureka Waterfront Trail Guided Birding Tour. Sun., Aug. 21, 9-11 a.m. Eureka Waterfront, Foot of Del Norte Street. This relatively urban trail offers the potential to observe species abundance and diversity compared to many more remote locations. This flat, paved trail is wheelchair accessible. Email to sign up. Free. thebook@reninet.com. rras.org.

FOAM Marsh Tour w/Barbara Reisman. Sat., Aug. 13, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Reisman in the Interpretive Center lobby for a 90-minute, rain-or-shine walk focusing on plants and/or marsh ecology. Masks are recommended inside, regardless of COVID vaccination status. (707) 826-2359.

FOAM Marsh Tour w/Paul Johnson. Sat., Aug. 20, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Johnson in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on plants, ecology and/or often unnoticed things at the marsh. Masks are recommended inside the building, regardless of COVID vaccination status. Free. (707) 826-2359.

Food for People's Free Produce Market - Garberville. Tue., Aug. 9, 10:30 a.m.-noon. Garberville Presbyterian Church, 437 Maple Lane. Drive-thru event. For more information, go to www.foodforpeople.org or call (707) 445-3166.

Food for People's Free Produce Market - Redway. Tue., Aug. 9, 12:30-1:30 p.m. Redway Baptist Church, 553 Redway Drive. Drive-thru and walk-up. Cars enter from Empire Drive. For more information, go to www.foodforpeople.org or call (707) 445-3166.

Freedom Matters. Second Tuesday of every month, 7 p.m. Fortuna River Lodge, 1800 Riverwalk Drive. Meets every second Tuesday of the month.

Frolic in the Glen & Highland Games. Sat., Aug. 13 and Sun., Aug. 14. Perigot Park, 312 South Railroad Ave., Blue Lake. Celtic bands, food and drink, whisky tasting, bagpipes, vendors and Scottish Heavy Athletics. Free admission. www.northcoastscots.org.

Garberville Farmers Market. Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, eggs, meat, baked goods, nursery plants and starts, oysters, live music on the square, crafts and more.

Guided Tour of Fort Humboldt State Historic Park. Saturdays, Sundays, 1-2 p.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Join interpreter William on an hour-long ADA-accessible walking tour of the 19th century military outpost, focusing on its history, Euro-American colonists and Indigenous people. Rain cancels. Check North Coast Redwoods Facebook page for updates. Free. facebook.com/NorthCoastRedwoods.

Habitat Improvement Team Volunteer Workday. Second Saturday of every month, 9 a.m.-noon. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Help restore habitat by removing invasive, non-native plants and maintaining native plant areas. Wear long pants, long sleeves and closed-toe shoes. Bring drinking water. Tools, gloves and snack provided. denise_seeger@fws.gov. www.fws.gov/refuge/humboldt-bay. (707) 733-5406.

Historic Old Town Eureka Tours. Saturdays, 12-1:15 p.m. Clarke Historical Museum, Third and E streets, Eureka. Learn about the notable places and events that took place over the years. jthomas@ci.eureka.ca.gov. clarkemuseum.org. (707) 441-4080.

Humboldt Bay Marathon and Half Marathon. Sun., Aug. 14. Eureka Waterfront Trail North, Tydd St. to Adorni Center. A beautiful race on the Eureka Waterfront Trail. www.humboldtbaymarathon.com.

Humboldt Bay National Wildlife Refuge Birding Trip. Sun., Aug. 14, 9-11 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Meet leader Ralph Bucher at the Visitor Center for this two-mile walk along a wide, flat trail that is packed gravel and easily accessible. Email Ralph to sign up at thebook@reninet.com. Free. thebook@reninet.com. www.rras.org.

Humboldt County Fair. Aug. 18-28. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Small-town Americana at its best. Enjoy horse races, entertainment, carnival rides, fair food, handicrafts, art, livestock contests, horticulture, animals and more. www.humboldtcountyfair.org.

Kid's Night at the Museum. Fridays, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. $17-$20. info@discovery-museum.org. discovery-museum.org/classesprograms.html. (707) 443-9694.

Martinis By the Bay. Thu., Aug. 11, 5-7 p.m. Wharfinger Building, 1 Marina Way, Eureka. Enjoy specialty cocktails, appetizers, music and a cocktail-themed silent auction. A benefit for the Humboldt County Search & Rescue Dog Unit. Ages 21 and older. $50 for a quintet of tastes. swrotary.org. (707) 572-4101.

Nature Writing Workshop with Jerry Martien. Sat., Aug. 20, 1-3 p.m. Headwaters Forest Reserve, End of Elk River Road, 6 miles off U.S. Highway 101, Eureka. Join the local poet/writer for writing prompts that connect you to the nature experience and the writer in you. RSVP. Free. BLM_CA_Web_HW@blm.gov. blm.gov/programs/national-conservation-lands/california/headwaters-forest-reserve. (707) 825-2300.

Obon Festival. Sun., Aug. 14, 4-8 p.m. Arcata Playhouse, 1251 Ninth St. Humboldt Asians & Pacific Islanders in Solidarity (HAPI) presents a Japanese Buddhist honoring of one's ancestors with a blessing, stories and Obon traditions, an altar, Asian and Pacific Islander food vendors, children's activities, music, bon dancing and more. hapihumboldt.org.

Old Town Farmers Market. Tuesdays, 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Fresh local produce, eggs, bread, specialty sourdough donuts and more. Plus music and hot food vendors. Market match for CalFresh EBT customers. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/old-town.html. (707) 441-9999.

Redwood Acres Flea Market. Sun., Aug. 14, 9 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse the tables for treasures. $2 entry fee. redwoodacres.com.

Stock Car Racing. Sat., Aug. 13. Redwood Acres Raceway, 3750 Harris St., Eureka. Details and ticket prices online. racintheacres.com/.

Storytime with Sunshine the Chicken and Ms. Sue. Wednesdays, 11-11:30 a.m. Arcata Library,

CONTINUED ON NEXT PAGE →





HOME COUNTRY

By Slim Randles

IT WAS DOC who first noticed Dud's strange behavior.

I was too busy trying to drop an elk-hair caddis fly, size 16, just beyond that bigsmooth rock on Lewis Creek. I know there's a big rainbow trout in that hole there, you see, and there is nothing more important, on a summer morning like this one, than enticing that big rascal into delivering himself to my waiting hands.

But Doc noticed that Dud had laid his fly rod down in the bushes and was doing strange things with his hands. Finally, Doc got my attention, pointed to Dud, and we both stopped fishing and walked over to see what our long-time pal was up to. Dud would look around in the air, then make a one-handed grab at the air. After several grabs, he'd take two fingers of his other hand, put them in his clenched fist, and wiggle around. Then he'd smile and open his fist and look in the air again. Doc and I looked silently at each other, wondering how long it would take from our day of fishing to get Dud delivered to the nervous hospital in the city.

"Dud," said Doc, "how's the fishing?"

"Huh? Oh hi. Not fishing right now, Doc. Experimenting."

"Experimenting?" I said. Of course, I said this automatically, forgetting for a moment how time consuming it could be to start Dud explaining things of a scientific nature.

"Natural selection," Dud said, proudly. "Survival of the fittest. Yes, I decided to spend my morning in Darwinian pursuits, making the world a safer place for mankind."

Doc looked at me. "He's talking like that again," he said.

"Well, Doc," said Dud, "you, of all people, should be able to appreciate what I'm doing. After all, you're a man of science and a healer. I'm going to rid the world of dangerous diseases. Observe."

Then Dud made another grab at the air, and this time we could see he was snatching a mosquito out of the air. Again he used his other hand to do something to the mosquito, and then he released it.

"I'm pulling out their drillers," Dud said. "I figgered if I pull out enough drillers, then sooner or later two drillerless mosquitoes will get married and have pups and then we'll have a family of drillerless mosquitoes here on Lewis Creek. Without drillers, they won't be able to pass along yellow fever or malaria to fishermen."

Doc looked at him in a strange way. "Dud, there's never been anyone get malaria from these Lewis Creek mosquitoes."

"See?" Dud said, brightly. "It's already working." ✦

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Calendar

← CONTINUED FROM PREVIOUS PAGE

500 Seventh St. In-person stories and songs for preschool children and their caregivers. Masks are optional. Ms. Sue will be wearing one. Free. humboldtgov.org/calendar.aspx?EID=7463. (707) 822-5954.

Street Legal Style Drags. Fri., Aug. 19, 6 p.m. Samoa Drag Strip, Lincoln Avenue and New Navy Base Road. Details online. www.samoadragstrip.com.

The Clarke Presents: Another Very Victorian Tea. Sun., Aug. 21, 2-4 p.m. Annie B. Ryan House and Gardens, 1000 F St., Eureka. In the gardens with tea sandwiches, scones, sweets and tasty teas by Brett Shuler Fine Catering. Guests are encouraged to dress up. $40-$225. dana.f@clarkemuseum.org. www.eurekaheritage.org. (707) 443-1947.

Trinidad Artisans Market. Sundays, 11 a.m.-3 p.m. Saunder's Plaza, 353 Main St., Trinidad. Next to Murphy's Market. Featuring local art and crafts, live music and barbecue. Free admission.

Trinidad Bay Art & Music Festival. Trinidad, Downtown. World-class musicians perform live concerts in the historic village for two weekends. Get schedule and ticket info online. www.TBAMFest.com.

Willow Creek Farmers Market. Thursdays, 4-7 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. Produce, fish and more, plus music and hot food vendors weekly through August. No pets except trained, ADA-certified service animals. Market match for CalFresh EBT customers. Free. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org/willowcreek.html. (707) 441-9999.

Woofstock Festival. Sat., Aug. 13, 12-8 p.m. Halverson Park, First Street on Eureka Waterfront, Eureka. Enjoy games, contests, food, pet crafts, a battle of the bands and community vendors while raising funds and awareness for homeless pets at the Sequoia Humane Society.

Mendocino County

ARTS & CULTURE

Express Yourself Dance and Collage Experience. Sat., Aug. 13, 12-4 p.m. and Sun., Aug. 14, 12-4 p.m. Willits Center For the Arts, 71 E Commercial St. Free family friendly yoga and dance classes in the great room. In the classroom there will be a free artist-led make and take collage activity, free summer treats and local COVID-19 resources. Plus T-shirt and water-bottle sticker giveaways.

The schedule of demo dance and yoga classes will be at www.willitscenterforthearts.org . Free refreshments and summer treats will be served. Free.

The Moors. Fridays, Saturdays and Sundays. Mendocino Theatre Company, 45200 Little Lake St. Two sisters and a dog live out their lives on the bleak English moors, dreaming of love and power. The arrival of a hapless governess and a moor-hen set all three on a strange and dangerous path. *The Moors* is a dark comedy about love, desperation, and visibility. www.mendocinotheatre.org.

LIFESTYLE & COMMUNITY

Fort Bragg Farmers Market. Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

Historic Walking Tours of Mendocino. Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Face coverings required. Well-behaved dogs allowed but must remain outside at some stops. $50 for up to four people, $75 for party of six. tours@KelleyHouseMuseum.org.

Ukiah Farmers Market. Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.

Lake County

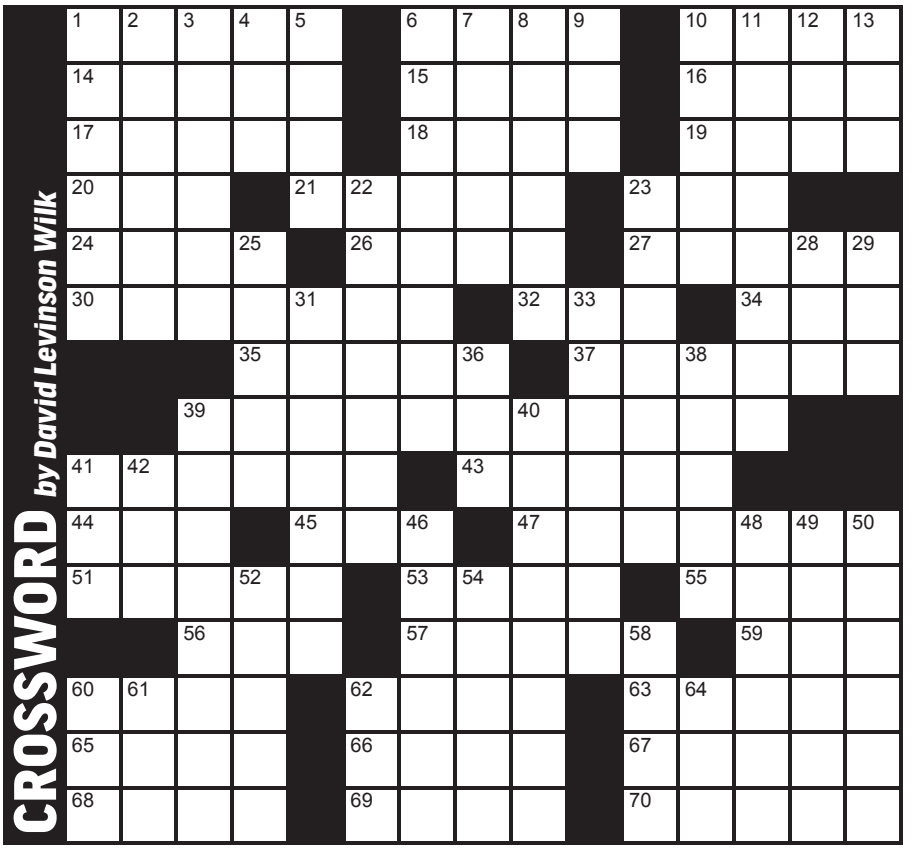
ARTS & CULTURE

Summer Music Series on the Lake. Sat., Aug. 13, 6-10 p.m. and Sat., Aug. 20, 6-10 p.m. Konocti Vista Casino Resort, 2755 Mission Rancheria Road, Lakeport. Aug. 13: Buck Ford & Lance Michael Cornwall Band. Aug. 20: Kyle Smith, Clear Conscience, DubCraft. Free.

LIFESTYLE & COMMUNITY

Lakeport Farmers Market. Saturdays, 10 a.m.-1 p.m. Lake County Fairgrounds, 401 Martin St., Lakeport. Rain or shine.

Taste of Lake County. Sat., Aug. 20, 5-8 p.m. Library Park, 225 Park Street, Lakeport. Taste premium Lake County wines and beer with tasty eats from local restaurateurs. Also, "Made in Lake County" artisan faire, local bands and a dance from 8 p.m. until 10 p.m. featuring the Funky Dozen. Tickets available at lakeportmainstreet.com. ✦



T-PAIN — *Answers in the next edition*

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ACROSS

1. Keebler cracker brand
6. "If __ believe ..."
10. Call it a day
14. "Just because we have the best hammer does not mean that every problem is __": Barack Obama
15. Trendy NYC neighborhood
16. Sledding spot
17. Common musical symbol
18. 1040, e.g.
19. Finales
20. CD-__
21. "Goodbye, Gerard!"
23. Veep before Al
24. Historical periods
26. Some voters: Abbr.
27. "Fear of Flying" author Jong
30. Oscar winner for "Life Is Beautiful"
32. Some printers
34. Smidgen
35. Keats and Yeats, for two
37. They're often uttered by bored people
39. 70-Across that often goes away on its own after four to ten days
41. "The Lion King" character voiced by Whoopi Goldberg
43. Where dos are done
44. "Norma __"
45. Picnic pest
47. Play after some snaps, in brief
51. Collar attachment
53. Fats Domino's "It's __ Love"
55. Where George W. Bush went after getting 1206 on his SAT
56. "Isn't __ bit like you and me?" (Beatles lyric)
57. It may be fine
59. Blue hue
60. Trim, as text
62. Jackie of "Shanghai Noon"
63. Sub for
65. It's south of Ky.
66. Green stroke
67. Rich kid in "Nancy" comics
68. It's a long story
69. Voyaging
70. Grammy winner with the debut album "Rappa Ternt Sanga" ... or an apt description of 39-Across, 8-, 11-, 39- or 46-Down

DOWN

1. European capital
2. "More! More!"
3. Author Rushdie
4. Knot
5. __ Romeo
6. Carmaker with Q40 and Q50 models
7. Was heard from the herd
8. 70-Across that is an infection of the mouth
9. "__-Pah-Pah" ("Oliver!" tune)
10. Cut
11. 70-Across often caused by exposure to loud sounds
12. Aged
13. Texter's "I beg of you!"
22. Eats at home
23. Old Chrysler makes
25. Nurse
28. Web video gear
29. Some are personal
31. Spokane university
33. TV personality who wrote the 2000 book "Who Wants to Be Me?"
36. Some Mercedes-Benzes
38. Cross of a male horse and a female donkey
39. 70-Across that usually begins around six months of age
40. Holiday Inn alternative
41. __ Lanka
42. Possessed
46. 70-Across that was treated with garlic during World War I
48. Locale in a 1987 Cheech Marin title
49. Lye, for one
50. Singles out as important
52. Insurance giant
54. Speechify
58. Pucker-producing
60. UFO crew
61. Org. in "Breaking Bad"
62. E-file preparer
64. Admit (to)

LAST WEEK'S ANSWERS TO SPOTIFY

M	I	N	A	J		T	A	B	O	O		P	I	T
A	T	A	L	E		U	C	O	N	N		A	R	E
S	A	Y	I	T		R	E	S	E	T		W	A	X
C	L	A	S	S	I	F	Y	C	L	O	W	N		
			T	E	D				E	P	A			
	J	U	S	T	I	F	Y	A	G	I	G	O	L	O
M	A	T		S	O	L	A	R		C	O	N	I	C
A	M	E	S		T	A	S	E	R		N	I	G	H
E	U	R	O	S		K	I	T	E	S		C	E	O
S	P	O	T	I	F	Y	R	E	M	O	V	E	R	
			T	S	A				I	D	A			
		N	O	T	I	F	Y	E	X	A	C	T	L	Y
U	Z	I		E	R	R	O	N		P	A	R	E	E
M	A	N		R	E	A	D	D		O	T	O	W	N
A	P	E		S	R	T	A	S		P	E	N	D	S

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